



# ansioten

orosoluble

Orange flavour

## Suggested use

### Dietary supplement from plant extracts and melatonin.

With theanine, melatonin and valerian, which promotes relaxation and sleep in case of stress. Melatonin contributes to the reduction of the time required to fall asleep (the beneficial effect is obtained with the intake of two tablets just before bedtime, that provide 1 mg of melatonin).

## Directions for use

1 buccal tablet 1-2 times a day, to slowly dissolve under the tongue.

## Ingredients

Sweeteners: Xylitol; Sucralose; Acesulfame K; Bulking agent: microcrystalline cellulose; L-Theanine from green tea (*Camellia sinensis* (L.) Kuntze) leaves; Valerian (*Valeriana officinalis* L.) root dry extract tit. 0.8% in valerenic acids; Anti-caking agents: magnesium salts of fat acids; Silicon dioxide; talc; Flavour; Acidifier: Citric acid; Melatonin.

SUGAR FREE, LACTOSE FREE, GLUTEN FREE, WITH SWEETENERS

## Package

30 tablets - 500 mg.

## Expiry date

36 months.

## Preservation

Store in a cool (at a temperature not exceeding 25°C) and dry place, away from light and from heat sources. The expiry date refers to a correctly stored product in sealed package.

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Keep out of the reach of children under three years. Do not exceed the recommended daily dose. Dietary supplements are not to be intended as substitutes of a varied, balanced diet and a healthy lifestyle.

## Warnings

It contains polyols, over consumption may induce laxative effect.

## Interactions

No reported interactions with other drugs.

## Side effects

Hypersensitivity to one or more ingredients.

## Pregnancy/Breastfeeding

It is recommended to use under the direct supervision of a doctor.

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