



ansioten

Suggested use

Dietary supplement from plant extracts and melatonin.

With theanine, melatonin and valerian which promotes relaxation and sleep in case of stress.

Recommended

30 drops (1 ml) 1-2 times a day diluted in a teaspoon of water.

dose Ingredients

Water, Alcohol, L-theanine from green tea (*Camellia sinensis* (L.) Kuntze), leaves, Valerian (*Valeriana officinalis* L.) *root dry extract tit. 0.8%

Valerenic B.C., Melatonin, essential oil of sweet orange (*Citrus aurantium* var. *dulcis* L.).
*Extracts supported by maltodextrins

SUGAR FREE, LACTOSE FREE.

Package

30 ml bottle.

Expiry date

36 months.

Preservation

Store in a cool, dry place, away from light and from heat sources.

Warnings

Keep out of the reach of children under three years. Do not exceed the recommended daily dose. Dietary supplements are not intended as substitutes of a varied, balanced diet and a healthy lifestyle.

Interactions

No reported interactions with other drugs.

Hypersensitivity to one or more ingredients.

Side effects

It is recommended to use under the direct supervision of a doctor.

Pregnancy/Breastfeeding

20% vol. - 30 ml hydrates - 6 ml anhydrous.

Alcohol

